



Small Blessings Child Care Center
2815 Woodbridge Ave. Edison, NJ 08817
(732) 452-9798

Lunch Menu

December 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) <u>Meatless Mondays</u> - Baked Ziti ½ c, Green Beans ½ c, Chilled Fruit or Banana ¼ c	2) <u>Chicken Barbeque</u> Yellow Rice ½ c Peas & Carrots ½ c Fruit 4 oz Peaches VE: Veg-Slider W/Cheese	3) Fish Sticks (4 ea) Mashed Potatoes ½ c, Wheat Bread 1ea. Mixed Vegetables ½ c Chilled Fruit or Orange (4 oz.)	4) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ½ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	5) Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
8) <u>Meatless Mondays</u> Cheese Stuffed Ravioli with Marinara Sauce ½ c, Cucumber Slices ½ C Fruit Cup ¼ c DF: Turkey Sandwich	9) Chicken Stir fry W/Italian Blend Yellow Rice ½ c Fruit 4oz Sliced. Pears W/Grated Parm	10) Spaghetti W/Turkey Sauce 4 oz. Green Beans ½ c Fruit 4 oz. Fruit Cocktail VE: Without Meat	11) Chicken Nuggets 4 ea Silver Dollar Fries ½ c Corn ½ c, Wheat Bread 1ea. Fruit 4oz Pineapple VE: Veg-Nuggets Sub	12) Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Pineapple DF: Turkey Sandwich
15) <u>Meatless Mondays</u> Baked Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	16) Fish Sticks (4ea) Mashed Potatoes ½ c, Wheat Bread 1ea. Mixed Vegetables ½ c, Chilled Fruit or Orange (4 oz.)	17) - Baked Ziti ½ c, Green Beans ½ c, Chilled Fruit or Banana ¼ c	18) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ½ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	19) Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
22) <u>Meatless Mondays</u> Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Fruit Cup ¼ c DF: Turkey Sandwich	23) Spaghetti W/Turkey Sauce 4oz. Green Beans ½ c Fruit 4oz. Fruit Cocktail VE: Without Meat			24) Chicken Nuggets 4ea Potato Fries ½ c Corn ½ c Fruit 4oz Pineapple VE: Veg-Nuggets Sub
29) <u>Meatless Mondays</u> - Baked Ziti ½ c, Green Beans ½ c, Chilled Fruit or Banana ¼c	30) Turkey and Cheese on Wheat Bread 1ea. Veggie Beans ½ c, Sweet Potato ½ c, Fruit Cocktail ¼ c VE: Cheese on Wheat			1% or Regular unflavored 6 Oz. Milk will be served. Kids under two and half will be severed regular milk

Healthy Bytes LLC 855 Hamilton St. Somerset, NJ 08873

of foodborne illness, especially if you have certain medical conditions.

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk

This institution is an equal opportunity provider. NOTE: Menu items may

change based on purveyor product availability. [We participate with the New Jersey Child and Adult Care Food Program, Providing completely FREE breakfast, lunch and snacks.](#)